



## Online Event of the European Research Platform "EURECO"

The partners of the European Research Platform EURECO would like to invite you to participate in an online event about the importance of peer expertise in mental health services design.

**Title:** *"New Horizons in Mental Health Care: Strengthening mental health services by peer-expertise and digitalization"*

**When?** Thursday, 26<sup>th</sup> of November 2020 from 14:00 to 17:00 CET.

**Where?** Online.

**Registration link:** <https://us02web.zoom.us/meeting/register/tZ0vceCoqzkuH9DC5YI4Ven-OfacvIa0sbJH>

### About the event

In inclusive research, knowledge is developed and shared by people with *and* without experiential expertise. But involving peer experts as participants in research projects, policy and implementation still doesn't come naturally. Why is peer expertise so important? And how can peer expertise be implemented in services?

During our online event, we will exchange ideas on these and other topics. In addition, several international speakers will talk about the importance of peer expertise in mental health services design, implementation and evaluation and how it could be put in practice.

### Program

14.00 – 14.10

#### Welcome address

- **Martijn da Costa**  
*ZonMw - Netherlands*

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14.10 – 14.50

#### Keynote address - What is peer expertise and why is it important to integrate this in services?

- **Interview with Oda Høilund**  
*EUCOMS – Norway*
- **Jan Berndsen and Marjonneke van de Vetten**  
*Lister and Mental Health Europe – Netherlands*  
*GGZ Nederland – Netherlands*
- **Guadalupe Morales**  
*Fundación Mundo Bipolar – Spain*

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14.50 – 15.00

#### Short break

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15.00 – 16.00

#### 3 parallel Breakout sessions

##### Breakout session 1: How do we implement peer expertise in services?

- **Louise Christie**  
*Scottish Recovery Network – Scotland*



- **Micheal Norton**  
*Mental Health Ireland*
- **Sara Marcos Isperto**  
*ISEM - Spain*

*This session will be moderated by Robert Jabroer, ZonMw – The Netherlands*

**Breakout session 2: Has implementing peer expertise been proven effective and what are points for action in research and practice?**

- **Alie Weerman and Beverley Rose (moderator)**  
*Windesheim – Netherlands*  
*User Research Centre - Netherlands*
- **Hans Kroon**  
*Trimbos-instituut – Netherlands*
- **Szabinka Dudevszky and Rosan van der Zee**  
*Rotterdam University of Applied Sciences - Netherlands*

**Breakout session 3: How can digital technology support ongoing processes? Is there specifically technology designed with peers with expertise?**

- **Martin Reichstein (moderator)**  
*ZPE, University of Siegen*
- **Miriam Zaagsma and Mark Koning**  
*Stichting Philadelphia Zorg - Netherlands*

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**16.00 – 16.15**    **Short break**

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**16.15 – 17.00**    **Wrap-up & conclusions**

- Conclusions from the moderators
- Reflection on the event by Beverley Rose - User Research Centre
- Hans Schädler - Chairman Eureco
- Luk Zelderloo - EASPD

**Close of event**

- **Martijn da Costa**  
*ZonMw – Netherlands*

### **What is EURECO?**

EURECO is a European collaboration platform of academic researchers and service providers working on inclusive community planning and development of in the perspective of the UN Convention on the Rights of Persons with Disabilities (CRPD). The platform is based on a joint initiative of the European Association of Services Providers for Persons with Disabilities (EASPD), the Centre for Planning and Evaluation of Social Services (ZPE), University of Siegen (Germany) the International Association for the Scientific Study of Intellectual and Developmental Disabilities (IASSIDD) and the Dutch health research organization ZonMw. EURECO-meetings will serve as an instrument to enhance cooperation along the project-cycle of European research activities starting from the identification of research needs and research processes up to the implementation of results into practice.

### **Lister, Mental Health Europe and Dutch Association of Mental Health and Addiction Care**

Lister is a community-based mental healthcare service provider in the Netherlands. Mental Health Europe Taskforces work on specific issues related to mental health. Experts call for a key shift in mental health culture which considers and involves the views, rights and lived experience of mental health service users. The Dutch Association of Mental Health and Addiction Care is an active partner of Mental Health Europe and supports initiatives and alliances that emphasises the importance of good mental health for the European public and the European economy.